

AVIOLA Refreshing Leg Gel
Special care for spider veins.



**DADO
SENS**
DERMACOSMETICS

Medical care. Natural effect.

Find out more about AVIOLA Refreshing Leg Gel

Beautiful legs - beautifully cared for!



100 % free from
fragrance, colorant,
preservatives, paraffin, silicone,
PEG, animal extracts



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What are spider veins?

Spider veins are small, altered blood vessels near the surface of the skin that form web or fan shapes.

They are called spider veins because they resemble spider legs.



Where do spider veins appear?

They mostly occur on the legs. They may be a hereditary condition or the result of congestion in the venous system. In this case, permanently increased pressure causes the small capillaries to gradually lose their elasticity. The veins widen and appear as a wavy red-blue web of blood vessels.

Don't worry - you're not alone. There are many other people who have the same problem as you. Nowadays vein-related complaints have become a widespread problem which can affect anyone. Spider veins can be a very unsightly problem.

The symptoms of spider veins:

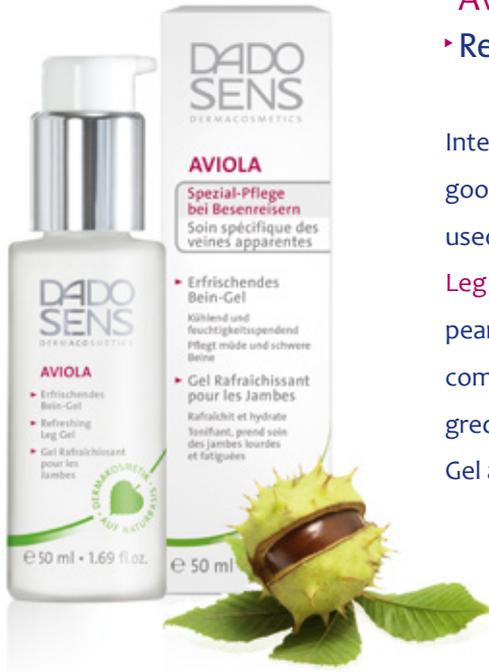
- ▶ Burning or dragging pain
- ▶ Tension or numbness in the legs
- ▶ Heavy and ,tired‘ legs
- ▶ Irritation or itching
- ▶ Occasional cramps in the calves



First aid for legs:

- ▶ Raise your legs as often as you can. At night, the feet should be a little higher than the head.
- ▶ Don't wear high heels all the time - swap them for flat shoes for a few hours now and again.
- ▶ Shower the legs from top to bottom with cold water.
- ▶ Go for short walks as often as you can, including lunchtimes.
- ▶ Drink a glass of water every hour. This will prevent the blood from ,thickening'.
- ▶ Eat plenty of fish, e.g. herring or mackerel. Omega-3 fatty acids help to keep the veins elastic on the inside.
- ▶ On long journeys, wear compression socks as a preventive measure.

The pick-me-up for your legs



AVIOLA

► Refreshing Leg Gel

Intensive care for beautiful legs. Say goodbye to tired, heavy legs! When used regularly, **AVIOLA Refreshing Leg Gel** noticeably reduces the appearance of spider veins. The unique combination of natural, effective ingredients makes this Refreshing Leg Gel an essential product.

Natural and effective ingredients:



Lesser celandine reduces the permeability of the capillaries, reduces redness and smooths the skin.



With its sealing effect, **horse chestnut** helps to reduce fluid retention in the tissue.



Hesperidin from the bitter orange noticeably improves the function of the capillary vessels. Useful in the treatment of venous problems and helps to increase lymph drainage.



Red Alga Silidine®, an extract of red alga, strengthens the blood vessels, improves their elasticity and prevents irritation.

Results of the study with AVIOLA Refreshing Leg Gel

before



after*



* After 12 testers used AVIOLA Refreshing Leg Gel for 4 weeks

Our care and fitness tips:

- ▶ AVIOLA Refreshing Leg Gel can also be applied over silk stockings, is not sticky, will not stain and refreshes tired and heavy legs.
- ▶ Vibration training is reputed to be the beauty secret of the Hollywood stars. Famous actors and models are regularly reported to use fitness machines with vibrating plates as part of their regular beauty routine. Regular vibration training (2 x 10 minutes per week) can produce surprising results in just a short time.



DADO SENS Service
Competent and discreet

Our employees would be pleased to answer your queries about DADO SENS products by e-mail or by telephone. Skin care tips and free product samples.

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